

Dr. Valencia Beckley Hildreth, Flourishing In Totality



BIOGRAPHY

"We all have the potential to live an abundant life. We must believe in His promises and do all that we can to Flourish in Totality."~ Dr. Valencia Beckley Hildreth

Valencia Beckley Hildreth, PhD, RN
Chief Executive Officer

Dr. Valencia Hildreth is an inspirational mentor, compassionate investor, dedicated health professional, and a charismatic leader.

She is the Founder and CEO of a non-profit organization, Flourishing in Totality and strives to help others maximize opportunities in all aspects of life. She is also the Founder and CEO of Essential Health Services, LLC and a Health Services Director for a metropolitan school district.

Dr. Hildreth believes a healthy student is a student able to learn, "if a student is not well, they are not able to focus on academic achievement." Dr. Hildreth often states, "I am all things Health Services! I am a health professional in an educator's environment". Her primary priority is understanding the link between student health and student learning. "We must lead conversations with comprehensive health services at a fundamental level and discuss the elimination of barriers to healthcare for school aged children in order to achieve student academic success."

Dr. Hildreth has over 27 years of experience in nursing leadership, public health, and private health services. Her diverse health background and expertise allowed her to lead a successful district response during the COVID-19 pandemic and in expanding health services partnerships. She also implemented the districtwide Stop the Bleed: Save a Life Trauma initiative for all schools in 2017. Her demonstrated compassion was acknowledged with APyes! Award in 2018 in recognition of her contributions to the APS Crisis Support Team. She served as champion for the physical health component of APS's telehealth initiative.

Always prioritizing support for students and collaboration with related departments, she serves as chairperson for the APS Regional Science and Engineering Fair Scientific Review Committee and IRB. In the 2023 school year, Dr. Hildreth was honored with the APyeS Schools First award for her dedicated commitment to putting students and schools first. In 2024, under her leadership, she spearheaded the mass vision screening initiative for all APS students in grades 1, 3, 5, and 8. Understanding the importance of a commitment to a healthy and safe school

environment through education, prevention, and intervention, she committed to The White House Challenge “Saving Lives From Overdose” initiative.

Dr. Hildreth was chosen to spotlight the work of school health services on a national level. As a panel member for the White House Challenge to Saves Lives from Overdose, she represented the school sector in an initiative aimed at increasing awareness, prevention, and access to opioid reversal care. Dr. Hildreth actively serves as President elect for Georgia Association of School Nurses (GASN) and is a member of the National Association of School Nurses as well as the American Nurses Association.

As an advocate for school-based student health, Dr. Hildreth was pivotal in establishing a clinical preceptorship program with a local University for Bachelor of Science in Nursing students to receive school nurse clinical experience within the school setting. The preceptorship experience allows future nurses to receive an overview of school nursing and is beneficial in recruiting new nurses to serve in schools.

Dr. Hildreth understands the importance and value of education. She earned a Doctor of Philosophy in Health Services, a Master of Science in Health Administration, a Bachelor of Science in Nursing, a Bachelor of Science in Health Science, and she is a licensed Registered Nurse.

An original Coastal Georgia Peach, Dr. Hildreth was born and raised in Brunswick, Georgia. She is the youngest of six children, a mentor to many, and a loving mother of two Yorkshire Terrier fur-babies.